



FULLERTON Sunrise ROTARY

Fullerton's Marathon Man

Bill Higgins

November 19, 2009

Fullerton Sunrise Rotary

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2009 - 2010

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Meetings are:

Thursdays @ 7:15 AM

Meridian Sports Club

1535 Deerpark Drive

Fullerton, CA 92831



Everyone who finishes a Marathon is a Winner...Unless you quit. If you don't quit, you don't lose – Bill Higgins

This week, we had the pleasure of having Bill Higgins and his wife Neva describe their passion for running. Bill explained that running marathons combine two of their passions; running and travel.

Bill has participated in 71 marathons with his fastest time being 2hours 57 minutes to complete the 26 mile event. Bill has run the Boston Marathon 3 times and has also run the LA Marathon every year since it started in 1986. Bill & Neva have also participated in marathons in Iceland, Malaysia, Antarctica, Paris and the Great Wall Marathon in China. Next month, they are off to Angkor Wat, Cambodia for another marathon. In 2010, Bill and Neva will be participating in the Athens marathon which is the 2500 anniversary of the battle of marathon.

One of the more moving parts of Bills speech occurred when he described his participation in the "Flag Run Across America". The run began October 11, 2001 one month after the terrorist attacks on New York and Washington DC. Organized by employees of American and United Airlines to honor the flight crews lost in those attacks,, the run moved an American flag from Boston Logan Airport to Los Angeles International Airport. The Boston-to-Los Angeles trip represents the intended journey of American Flight 11 and United Flight 175, both of which were crashed by terrorists into the World Trade Center.

Bill stated that anyone can run a marathon. What gets a runner to the finish line is proper training, a good pair of running shoes, lots of rest and a determination to finish.

Other News:

Student of the Month – La Vista



Katelyn Davis is the Rotary La Vista Student of the Month for November 2009. She is excelling at La Vista and taking on all opportunities given to her. She has a 3.8 GPA at La Vista after not doing as well at a traditional high school. Katelyn's goal is to graduate with her class in 2010. Katelyn is also participating in a Culinary ROP After School Program and also holds down a part-time job.

Hoe-Down – Scheduled for May 15, 2010

Terry Brick announced that the Hoe Down is scheduled for May 15, 2010 at the YMCA. The cost for tickets will be \$45 / person or \$ 700 for a table of 10. If you purchase a table for your guests, they will be treated to waiter service and an open bar. More info to come.....

Slots still left to participate in Polio Plus

Bill Jindra announced that spaces are still available to participate in the dispensing of the polio vaccine to residents in Caborca, Mexico. The cost of the trip is \$ 220 for the bus trip and meals. Hotel and incidentals are extra. If you would like to participate , please email or call Bill.

Christmas Party Set for December 20

Howard Dutra announced that the FSR Annual Christmas Party has been set for Sunday December 20 @ 5PM at the Meridian Sports Club. This year, Santa will be making an appearance and the White Elephant gift exchange should also be fun.

Birthdays, Anniversaries and Other Info.

Jim K's daughter will be celebrating her birthday Nov 22

Howards wife and Grand-daughter will be celebrating birthdays

Gizi's youngest son will be celebrating a birthday

Gizi became a Great Grandma!

Owen Dean's grandson was just released from the Air National Guard and is getting married in January

Terry Brick has a statewide position in PEO whose mission is to promote educational opportunities for women.

Bruce used to work out at the YMCA with Ray Kawase



"I think it's called a scale, but mom calls it a @\$%& liar!"